

## COACHES PAGE

A word from Struckmeyer

It is very gratifying to see the alumni and friends begin to become involved and active in the direction of the rowing program. By design, I have not involved myself with articles or comments until now in the hope that the new enthusiasm and commitment of additional alumni would come forth. It has been a pleasure and a joy to read the latest in the series of Pull Hards. I am sure all agree and all join me in congratulating the editors and the publication staff of the new editions.

Several years ago, I overheard several non-WSU people at Bellingham talking about the continual losses of WSU in all sports. Laughingly and with some disgust, they referred to the old WSU saying: "Wait until next year!" Perhaps this is a true indicator of the quality of people that support WSU; they will always back the team and look forward to the coming year with hopes and expectations. Well, I and the returning oarsmen look forward to the coming year. For the first time in a long time, we have good experienced

mentators were discussing the style of Chris Evert-Lloyd. They commented that being a true champion, she would never make an alibi — ever — for a bad performance. We had a good year this past season; we had all hoped for and expected better. But, if you could have seen the desire and dedication of this team, you would have been proud of the quality of the people that represented the program. I would like to remind everyone, and it is with encouragement from many of you, that an emphasis remains on academics. We work hard on the athletic side and we do the best that we can. But we try not to let athletics overpower academics.

"MARK YOUR  
CALENDAR  
FOR  
MARCH 17<sup>th</sup> '84"

Recently there was a workshop for the "athletes" of the Athletic Department entitled; "Life After Athletics." I think our concept is "Athletics After Life," and rightly so.

The freshmen at the PAC-10 were racing in the "Cougar One." They lost to California. We then weighed the boats. Cal's weighed 270 pounds, the "One" weighed 326 pounds. We lost the race because California was very good. We also were very good, but the nagging question is what difference did the equipment make, if any? I recall many of the oarsmen who said: "Thanks for the years and memories, when I get rich, I'll buy a boat and help the program out." I don't think any of the alumni are rich enough to buy a boat yet — are you? — but would you please consider becoming involved in some way. Nothing would make me happier than if the rowing program were self-sufficient and prospering. That would mean that we were all successful in making the program permanent, meaningful and worthy.

Enclosed is the tentative racing schedule for 1984. We will be in Taco-

ma, Spokane, Tri-Cities, Pullman and California. We will not be going to the Bellingham Invitational and we will not play an Opening Day as we did last year.

Mark your calendar for March 17, 1984, Class Day, and the dedication of the new shellhouse.

Tentative schedule:

- March 17, Class Day
- March 24, Daffodil Invitational, Tacoma
- March 31, open, start of spring break
- April 7, open, end spring break (San Diego)
- April 14, Gonzaga, Pullman
- April 21, Liberty Lake, Spokane (UPS, PLU, WWU, SPU, GU, WSU, Brentwood)
- April 28, Columbia River Regatta, Tri-Cities (UO, OSU, WSU, USC)
- May 5, Cascade Sprints, Tacoma
- May 12,13, Northwest Regionals
- May 19,20, PAC-10s

I have seen an old saying "Promises win friends, non-performance brings enemies." Sometimes I feel that I have not completed all of the things I said I or the crew was going to do. I believe this has resulted in some people losing interest in the rowing program. I am sorry this has happened. Come back and make things the way they should be. I am under pressure from the "university" to do other things. Sometimes I don't do a very good job of teaching or coaching. However, I enjoy doing both and continue to try to find the proper balance between them. One result of this balancing act, along with my 20 percent cut in salary, is that others have had to help in the public relations and financing of the rowing program.

Marj and I would like to say hello to all of our friends from the team and alumni. Because we don't write doesn't mean we don't think of you and wish the best for you. To all the new parents — and there are a lot — congratulations, and well done. May your children be happy and healthy. To all the newly marrieds, we hope that your new friends and partner will understand that somewhere in your background there is this thing you did at school and that sometimes you receive this homing instinct to return and see old friends and row a "canoe." To all, our heartiest congratulations, well done, and we think of you and wish you all well.

Ken and Marj

## Crew fireworks stand a real success story

SEATTLE — The first annual Cougar Crew fireworks stand was a success, raising more than \$3,000 for the crew program.

Special efforts were made by Peggy and Steve Porter, who came up with the idea and organized it into a well tuned operation, handling finances, inventory and paperwork.

The Porters also had excellent sales technique down and echoes of "this is personally my favorite item" are still reverberating through the 2x4s of that stand.

The fireworks stand, located in North Seattle, attracted many children and neighbors from the surrounding area, as the Cougs had a corner on the fireworks market for that particular area.

Next year, organizers agree, the push will be on to encourage friends and alums of the crew to come out and buy some fireworks along with a pre-sales effort.

Staffed by Cougar Crew alumni and oarsmen, a total of \$8,500 worth of Red Devil fireworks were sold, which company officials report as "well done."

Preliminary breakdown of proceeds earned show the alumni totaled 44 percent, men's crew 33 percent and women's crew 23 percent. Of course all funds will end up helping the same effort as we all aim to help support the crew at Washington State.

Final statistics and photos of the raffle winner will be published in the fall edition of the "Pull Hard."

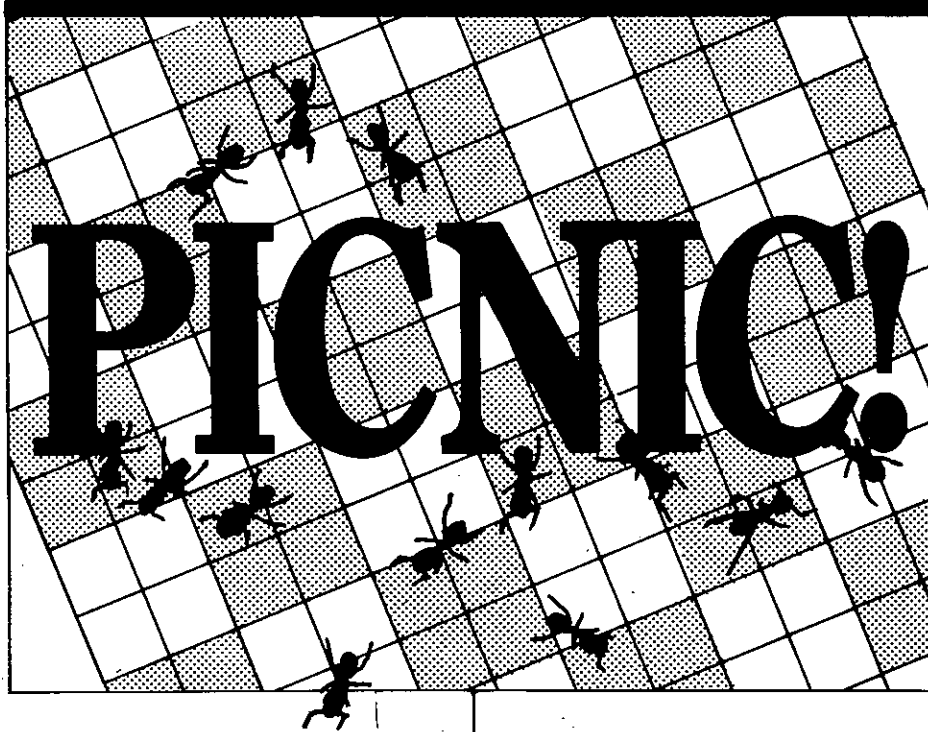
Those helping to staff the stand included: Kim Heggerness, Laurel Zeller, Brooke Thomsen, Sarah Bolson, Margaret Alpin, Cheryl King, John Sanders, Paul Hensel, Simon Nash, John and Mike Noble, Kirk Christensen, Murray Etherington, Randy Hoff, Jay Holstrom, Don Ernsdorff, Brad Herron, Kari and Steve Ranten, Peggy and Steve Porter, Steve and Anita Wells, Doug Engle, Kathy Randall and Tim Malkow. Much thanks to all.

By Class Day, Stand Manager Porter would like to have personnel schedules finalized and will sponsor a fireworks extravaganza at that time to show everyone just what we sold this year and will sell next July.

"I THINK  
OUR CONCEPT  
IS 'ATHLETICS  
AFTER LIFE,  
AND RIGHTLY  
SO."

people returning for all varsity boats. I have also been contacted by five freshmen who intend to row this year. I think it is important for all to remember and understand that the rowing team which represents WSU continues to express the one thing the founders of the program sought and worked hard to achieve: THE TEAM HAS CLASS. This is something I am extremely proud of and you should be too.

While watching the coverage of Wimbledon tennis championship, the com-



## Picnic Time!!

Grab your baseball bats, your favorite beverage and a friend or two — it is time for the annual Cougar Rowing Association picnic.

All alums, current oarspeople, friends and parents are welcome at the picnic, which will begin at noon, Saturday, Aug. 20 at Marymoor County Park in Redmond.

A tradition started last summer, the picnic is a great opportunity for alums and oarsmen to get to know each other more and trade rowing tales.

The CRA will provide hot dogs, hamburgers, plates and utensils.

We are asking those in attendance to bring a side dish, like a salad, chips and dip or vegetables, and your favorite beverage.

While you're at it, please bring along any softball equipment you might have

or other "outdoor toys" as picnic director Doug Engle says.

A few extra hibachis or barbecues would come in handy too.

We will be taking the opportunity to update our mailing list, which will be posted at the picnic shelter, so bring your address book along to take and correct any addresses on our ever-growing list.

To get to Marymoor Park, get onto highway 520 heading east, from I-5 (the new floating bridge) or 405 (interchange just north of Bellevue, just south of Kirkland). Follow 520 to the eastern end and Marymoor Park will appear on your right (look for the green windmill and mass bodies.)

Once inside park territory, follow the Steve Porter manufactured signs advertising "Cougar Crew Picnic."

Any questions, call or write to Doug Engle, 13305 42nd Ave. South, Seattle, (206) 241-4670.

See you there!!

Cougar Rowing Association  
121 N. Ball  
Sedro-Woolley, WA 98284



### Send your dues!

Please send in your dues! We have extended the deadline for dues to Sept. 1 and would appreciate everyone who enjoys receiving this publication and others to send in their \$20 in dues. Once the September deadline comes and is gone, we will push toward Class Day, which will become our annual dues collection deadline.

Please send in your ideas! Anyone with an idea or an item for the "Pull Hard," please share them. The more contributors, the merrier. Thanks. Send them to: Kari Ranten, 121 N. Ball, Sedro-Woolley, Wash., 98284. (206) 856-4976.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
phone \_\_\_\_\_

**Ideas and/or comments**

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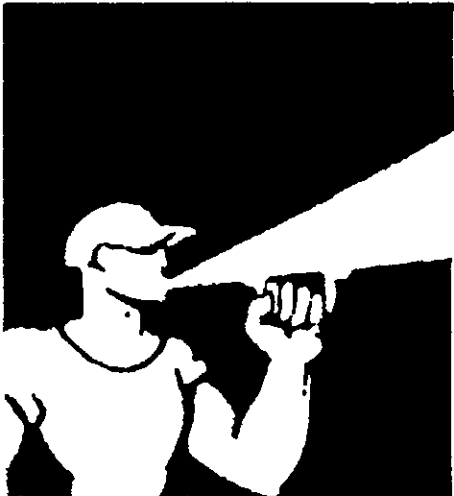
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## Rowing Association News



### Attention Class of '74!

Calling all members of the graduating class of 1974!

In the "Class Day" edition of the Pull Hard in March, we are planning a feature to focus on those who rowed and graduated in 1974, what you did then and where you are now.

Anyone who rowed in 1974 and would like to share their thoughts, please send any information, newspaper clippings or spare photographs to Kari Ranten, 121 N. Ball, Sedro-Woolley, Wash., 98284.

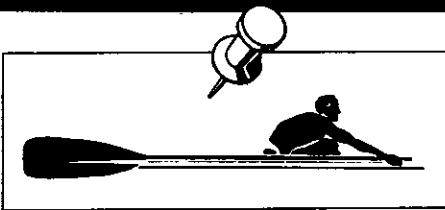
And be prepared class of 1975 — next year I'll be searching for you!

### Alumni Notes

Nearly every week, the postman brings news from far away places of the activities of Cougar Crew alumni. We welcome and encourage sharing of such news and we hope more of you will join in. Please write to Kari Ranten, 121 N. Ball, Sedro-Woolley, Wash., 98284. Thanks — we look forward to hearing from you.

• Good news from Corvallis, Oregon where Coug alum and former frosh crew coach Dave Emigh will begin full time for Oregon State University in September. His composite position will include responsibilities as men's crew coach, director of waterfront facilities and instructor of P.E. rowing classes. Jill writes "I'm continually amazed how much rowing at WSU has influenced the lives of the people who get involved — especially Dave."

• Martha Sebring stopped in to see the Dowers on her way home for the summer. Gene says "she's doing great" as she heads into a summer of park work before returning to her second and third graders in Idaho.



• Cyndi and Gene Dowers are enjoying a Pullman summer, although Gene reports rain has been a little more common than sunshine in the great Inland Empire. Cyndi is working at the Veterinary Hospital while Gene takes on summer school. With three weeks to go, he is counting down the days. At summer's end, he will need just 60 more credits to finish up his PE degree — to be spread over 31 or 32 classes — a scheduling nightmare! They spend a little time in their pair on the Snake, weather permitting.

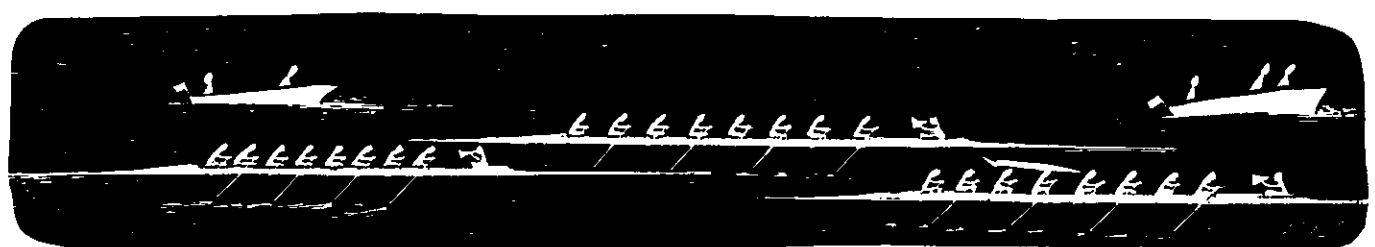
• Brian "Mongo" Klug has been transferred from Tacoma and is now working in Alaska. An employee of Wright-Schuchart-Harbor, the firm is contracting with a large north slope contractor, which is the reason for his moving to Alaska.

### A new project

In our continuing effort to raise funds and have fun, we are planning to put together a history of the Cougar Crew, complete with rosters, photographs, newspaper clips and other items as a future project.

Realizing this is quite a project, we are requesting help from the alumni.

If anyone has any information from their era — interesting stories, race results, or photos — please send them to Kari Ranten, 121 N. Ball, Sedro-Woolley, Wash., 98284.





**PACIFIC NORTHWEST  
ROWING CHAMPIONSHIPS**

**LIBERTY LAKE, WA - MAY 12, 13, 1984**

# 1984 Pacific Northwest Regional Rowing Championships

## The Regional Championships

The Championships are a direct descendant of the Seattle Women's Invitational Regatta, first held on Seattle's Greenlake course in 1971. Subsequent expansions of the race saw official sanctioning from the National Women's Rowing Association and later the United States Rowing Association. Consequently, the race now includes classifications for men and women of all age and skill levels, from high school Junior crews to international level Elites.

## The Liberty Lake Course

The Cougar Rowing Association (CRA) is the alumni organization of Washington State University's Cougar Crew, an athletic team which ranks as the school's most dynamic club sport. The CRA is dedicated to furthering the interests and improving the opportunities of all WSU rowing teams.

Recognizing the liability of weekly cross-state travel to regattas and the difficulty of hosting a fair race on the swirling currents of the Snake River where the Cougar Crew trains, the CRA began a search for a suitable home race course. The group settled on Liberty Lake, just east of Spokane. With the help of community leaders, the Liberty Lake Property Owners Association (LLPOA) and interested Spokane businesses, an international-style albatross buoy system was designed and built for the exclusive use of Liberty Lake. Regattas held there in 1982 and 1983 set a standard for excellence which prompted Northwest rowing teams to vote unanimously to accept the steering committee's bid to host the 1984 regional championships.

## 1984 Regatta Committee

The regatta committee this year is composed of seven members. They are Bob Wills, Rick Manum, Doug Engle, Rich Ray, Bob Appleyard, Gene Dowers and Steve Wells. Kari Ranten and Kathy Randall are honorary members in charge of race publications.

## Steering

Steering for this year's race has been under the direction of Doug Engle, Rich Ray, Gene Dowers and Bob Appleyard, all former WSU oarsmen.

Engle rowed in an IRA gold medal four-with-cox in 1979, graduating in that year with a BS in Biology. Subsequently, he received an MS in Environmental Science. He lives in Seattle with his wife Debbie, has worked on the race since its inception and has been supervising regatta business on the west side of the state. Engle will serve as Director of the Physical Plant.

Ray rowed in the same IRA four-with, graduated in 1980 with a degree in English Literature and has mixed rowing with graduate study since. He represented the region last summer on the West team at the National Sports Festival in Colorado Springs, Colo. Presently coaching the women's team at WSU, he has also worked on the race from the beginning and is a resident of Pullman.

Dowers coxed WSU crews in 1975 and 1976 and began a four-year term as head coach of the women's program in 1979. He is presently completing a BS in Physical Education at WSU and returns as a second-year committee member. He and his wife Cyndi, who rowed as a member of the WSU women's crew, are residents of Pullman.

## It is with great satisfaction that the Liberty Lake Regatta Steering Committee wishes to announce plans for hosting the 1984 Pacific Northwest Regional Rowing Championships.

Appleyard rowed in outstanding WSU lightweight eights, including two Midwest champions. He graduated in 1975 with a bachelor's in Zoology, returned to complete an MS in Environmental Science in 1978 and after research in Seattle has begun work on a PhD in Veterinary Physiology at WSU. This is Appleyard's first year with the steering committee but the third time he has participated in the race.

## Housing and Equipment

Securing sleeping-bag space, motor launches and community participation are tasks which have traditionally fallen on the Liberty Lake Property Owners Association Board of Directors and primarily the executive. Bob Wills and Rick Manum are both veterans.

Rick Manum became involved with the race in its earliest stages, helping to gather supplies for building the course, drafting friends to help him paint buoys and paying a number of expenses out-of-pocket. He lives with his wife Leslie and son Sean on Tum Tum Drive in Liberty Lake.

Bob Wills is currently president of the LLPOA and was instrumental last year in housing more than 500 athletes. Along with his wife Jackie, he will again handle the task of billeting, which is a problem of considerable size as the expected turnout for the regional regatta is from 1,000 to 1,300 athletes.

## Members Pro Tem

Pro tem members do not participate directly in committee planning, but their contributions are very important.

Kari Ranten is a former commodore of the WSU women's team and graduated in 1980 with a degree in Communications/Journalism. She works as a Staff Writer for the Skagit Valley Herald in Mount Vernon and lives in Sedro-Woolley with her husband Steve, a former member and vice-commodore of the WSU men's crew. She is editor and typesetter for all regatta publications.

Kathy Randall rowed on the women's lightweight team and graduated in 1981 in Fine Arts. Presently self-employed in advertising and graphic design, she lives in Seattle and handles art and printing for regatta publications. The Liberty Lake regatta logo is one of her designs.

Steve Wells rowed from 1976 to 1979, serving as commodore in 1978. He received a BA in General Studies and has lived since graduation in Seattle with his wife Anita and newborn son Alex. He is an employee of Miller-Cascade. Steve served as Beachmaster for the 1982 and 1983 regattas and will be in the position this year of Director of Regatta Operations.

## 1984 Regatta Staff

Although a committee of seven can manage a regatta of this magnitude through the planning stages, the work of assembling the race course and administering the racing will require a volunteer labor force at least ten times this number. The following is a list of positions in need of volunteers and the committee members in charge of them:

## Officiation

For the third straight year, Chief Referee will be Bob Appleyard. Under Bob are openings for the following posts:

**Referee** — USRA licensed officials will be given priority, but Bob is interested in apprentices as well. Referees must have a working knowledge of the Rules of Racing. Four positions remain open.

**Starter** — The job of starter is crucial to the efficient running of the regatta. Persons with prior experiences will be preferred. Two positions are open.

**Starter's Deputy** — The deputy will assist the starter in any capacity. No prior experience required. Three positions open.

**Aligner** — In cooperation with the starter, the aligner assures that all boats are properly positioned prior to the start. Must have patience, a keen eye and a good commanding voice. Three positions open.

**Aligner's Deputy** — The deputy assists the aligner by raising a flag when the boats are aligned and sounding a warning when a false start has occurred. Three positions open.

**Chief Judge** — The chief judge presides over the finish line, calling the order of finish and recording the resulting times. USRA officials preferred but not necessary. Must be familiar with Rules of Racing. Three positions open.

**Lane Judge** — Lane judges are responsible for measuring the interval between first-finish and the finish in their particular lane. Must be proficient with a stopwatch. Twelve positions open.

Persons interested in volunteering for any of the above listed jobs, please contact Mr. Robert Appleyard at P.O. Box 1162, Albion, WA, 99102. His home phone number is (509) 334-6706 and at work his phone number is (509) 335-6480.

## Operations

Director of Operations will be Mr. Steve Wells, a three-year staff veteran. Steve's staff is as follows:

**Clerk of the Course** — The Clerk is responsible for supervising weigh-ins, computing the points system, distributing race results and monitoring the entry and eligibility of all crews. Experience preferred, but not necessary. Two positions open.

**Deputy Clerk** — Deputies will be available to serve the clerk in a number of different capacities. Running errands, typing documents, keeping the results board current, distributing bowmarkers, etc. Ten positions open.

**Announcer** — The announcer has the job of keeping the spectators and the teams aware of how the race is proceeding. Personality, speaking voice, knowledge of boat racing are required. Two positions open.

**Beachmaster** — The beachmaster is in charge of monitoring traffic flow onto and off of the course. Must have good vocal commands and an understanding of traffic flow needs. Two positions open.

**Deputy Beachmaster** — Must assist the beachmaster in any capacity. Six positions open.

**Race Marshall** — The race marshall will be in charge of presenting medals and trophies to winning crews. Must dress sharp, have a glad hand. Two positions open.

**Marshall's Deputy** — Assist race marshall in any capacity. Four positions open.

**Treasurer** — The treasurer will be responsible for all regatta accounts during the racing weekend, including entry fees, concession proceeds, etc. One position open.

**Concessionaire** — The concessionaire will be in charge of all sales of regatta promotions. Four positions open.

If you are interested in working on Steve's staff, please contact him at 11702 22nd Ave. NE, Seattle, WA, 98125.

## Equipment

Doug Engle will be Director of Physical Plant this year, and so will have charge of all equipment used for the race. The committee would prefer that large expensive items, such as boats, be owner-operated.

**Small Motor Launch** — These boats will be used to transport officials over the course, ferry staff on and off the site and run errands. These boats should not draft more than two feet, and need not exceed 20 knots. Six boats needed.

**Large Power Boat** — These boats may draft up to three feet and will be moored at various sites on the course to serve as work platforms for officials. The more comfortable the better. Four boats needed.

**Docks** — A number of small docks will be needed at different sites on the course and will be towed into place and anchored. Long narrow docks and shorter, wide docks will be needed. Four docks wanted.

**Two-Way Radios** — Although most regatta communication will be conducted on VHF radios, CB radios will be used as a backup system. Both hand-held and auto-based units would be helpful. Ten units needed.

**Hand-held Power Megaphones** — Power megaphones will be used all over the course. Ten needed.

**Video Tape Camera and Monitor** — A video camera will be used at the finish line for determining close finishes. One needed.

**Bathroom scales** — Scales will be needed for weighting in light crews and coxswains. Three needed.

**Life Preservers** — Life preservers will be needed for all regatta staff on the water. Thirty needed.

If you have any of these items and would be willing to make a weekend loan to the regatta committee, please contact Rick Manum at 24223 Tum Tum Drive, Liberty Lake, WA, 99019 or call (509) 225-6808.

## Housing

In order to reduce the expense of coming to Spokane, we are attempting to offer all athletes floorspace on which they can stretch their sleeping bags Friday and Saturday nights. If you are interested in hosting athletes in your home, please contact Bob Wills at South 419 Shoreline, Liberty Lake, WA, 99019 or call 255-6839.

## Contributions

If you would like to support the regatta in some way, but don't feel that you can offer housing, equipment or labor, please consider sending a monetary contribution. Regatta accounts are with the Washington State University Foundation, so all donations are tax deductible. Please make your check in any amount out to "WSU Foundation - Liberty Lake Regatta Fund." You may mail your check to the Regatta Committee, NW 1560 Turner Drive, Pullman, 99163.

On the cover: Dawn mist rising over Liberty Lake, race day, 1983. Photo by Gene Dowers.