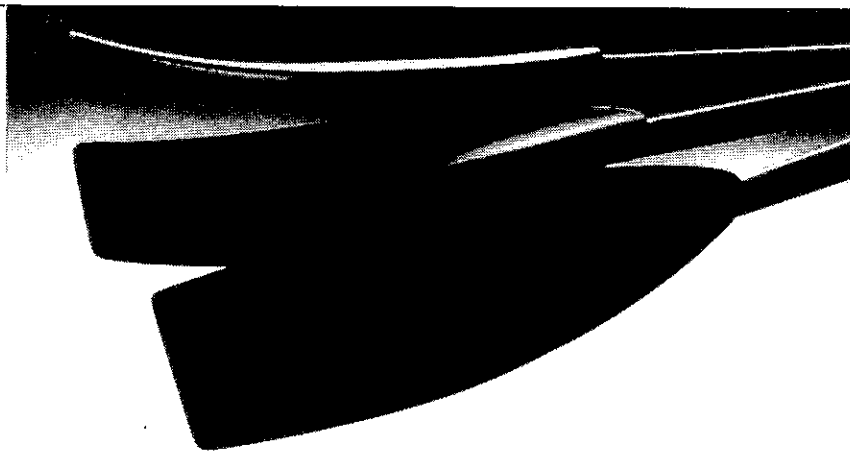


THE PULL HARD



SPRING 1984

Regionals at Liberty Lake

LIBERTY LAKE — Planning by the regatta committee for the Pacific Northwest Regional Rowing Championships on Liberty Lake May 12 and 13 is proceeding in full swing.

A tentative listing of race events includes eights, fours, pairs and singles for men, women, juniors and mixed crews.

Also among the events will be the annual Steward's Cup and LaFromboise Cup competitions for men.

In preparation for the largest rowing

regatta in the state, this edition of the "Pull Hard" features an insert page outlining all of the plans for the spring race and regatta committee needs.

Volunteers are needed to fill a variety of staff positions for the two-day race and interested alumni are asked to indicate their willingness to participate by contacting the committee members listed.

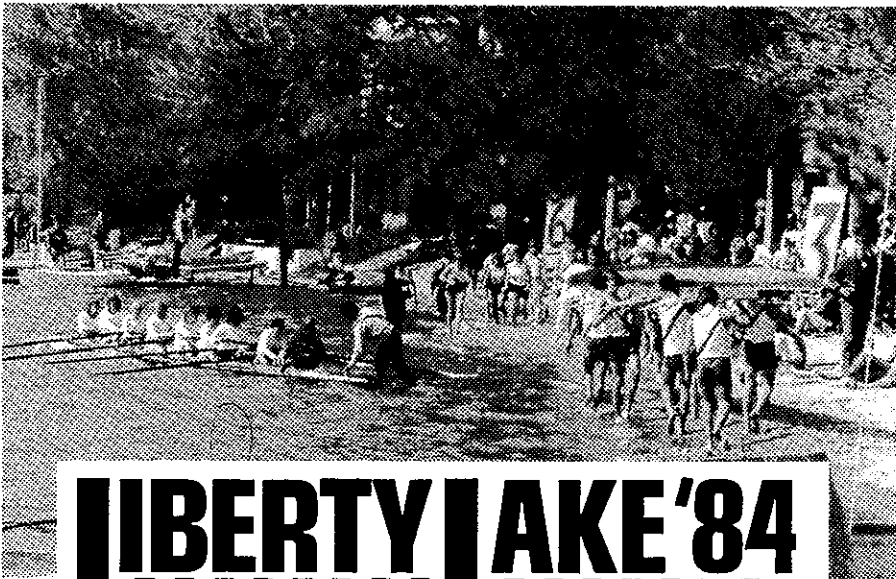
Equipment needs are also listed on the enclosed sheet.

As the sponsoring group, Cougar Rowing Association members are encouraged to read the enclosed information closely and offer assistance or resources to the Liberty Lake effort.

Anyone interested in more information, should contact the committee at NW 1560 Turner Drive, Pullman, WA, 99163 or by calling (509) 332-6968.

A chaotic beach scene at Liberty Lake, 1983.

Photo by Steve Porter



LIBERTY LAKE '84



NORTHWEST REGIONAL ROWING CHAMPIONSHIPS

Third annual Columbia River race scheduled

TRI-CITIES — Big plans are in the works for the Columbia River Rowing Regatta, on the Cougar Crew's schedule for Saturday, April 28.

For the third year, the Tri-Cities Cougar Club will sponsor the regatta on the Columbia River at Columbia Park in Kennewick.

This year, WSU crews will battle the University of Oregon and Oregon State University.

Kevin Veleke and Dick Craig are working hard to put together regatta plans for the April event.

The schedule will include a barbecue at the launch/finish area at Columbia Park in Kennewick for alumni, friends and oarsmen of the three universities at 6 p.m. Friday, April 27. Alumni are encouraged to attend and participate in supporting the event and the crew.

Opening ceremonies will be held at 9:45 a.m. on race day, and competition is scheduled to run from 10 a.m. to 2 p.m.

Looking beyond this third annual regatta, the Tri-Cities group has bid on

and received tentative approval to host the Northwest Regional Rowing Championships on the Columbia River in 1985. Plans are to alternate the regionals between Liberty Lake, the Tri-Cities and other locations in years to come.

The Tri-Cities Cougar Club has become a true friend to Cougar rowing. The Columbia River Rowing Regatta was launched in 1982 as a means to determine the seeding between the WSU, OSU and the UofO prior to heading south for the Pac-10 Rowing Championships and has blossomed since.

In addition to sponsoring the regatta, this year the club has pledged to help the Cougar Crew by paying for WSU's membership in the USRA and purchasing a replacement oar for one that was stolen or lost.

Cougar Crew alumni can show their appreciation by attending the third annual Columbia River Rowing Regatta, April 27 and 28.



'84 Class Day celebration highlights 'Ten for Ken'



PULLMAN — Warm up your engines and tone up those muscles, it is time again to head for Pullman and Class Day!

This year, aside from the usual racing event and social enjoyment on March 17, the crew will celebrate a special occasion as Ken Struckmeyer is honored in his tenth year of head coaching the Cougar Crew.

To open the festivities, crew members and alumni are asked to gather at the shellhouse at Boyer at 9 a.m. Saturday for a full slate of racing events.

At 5 p.m., the Cougar Rowing Association will hold its annual meeting at the University Inn in Moscow. A number of important agenda items, including an update on Liberty Lake, fund raising and USRA membership will be open for discussion.

The evening celebration will begin with a formal reception to start at 6:30 p.m. in the University Room of the University Inn in Moscow. Dinner will follow at 7:30 p.m. Tickets are \$10 each

and will be available at the door.

A "Roast and Toast" of Coach Struckmeyer will be up next, featuring such famous Cougar Crew personalities as Jim Verellen, Jim Rudd, Dave Yorozu and Ken Abbey.

More volunteers willing to offer amusing anecdotes from Struckmeyer's past — and we know they are many — are welcome. Please contact Rich Ray at NW 1560 Turner Drive, Pullman, WA, 99163.

Dancing and an all around good time will conclude the full day of fun. Please join us!!

To RSVP, please notify Roger H. Crawford, 1615 Bleasner Drive SE, #60, Pullman, WA, 99163.

Hall of Fame

A fond look at ten years ago today

PULLMAN — A decade ago, the fledgling Cougar Crew was in its third year, struggling for existence.

The new shellhouse, rebuilt after gale force winds blew down the original, was stocked with two hand-me-down shells from the University of Washington and the crew's pride and joy, the "Cougar One."

So limited was the knowledge of the sport of rowing in Pullman that the *Daily Evergreen* wrote the following lead for an advance story about the WSU Invitational at Boyer Park:

"What is crimson and gray, has eight oars, 90 toes and sends a good deal of time in a shell?"

Very catchy.

The 1974 roster looks like a who's who of pioneers in the sport of rowing at WSU.

The varsity heavyweight eight, from bow to stroke, included Doug Kee, Bob Busk, Jim Fischer, Paul Enquist, Ron Neal, Eric Anderson, Mike Kimbrell, Jim Austin and coxswain Mike Klier.

Filling the lightweight boat were Mike Craft, Bob Appleyard, Brad Sleeper, Tony Shapiro, Bruce Wainwright, Doug McBride, Jim Rudd, Steve Norling and coxswain Kathy Figon.

The frosh eight was rowed by Mitch Wainwright, Chuck Perry, Scott Morgan, Rick Fuson, Fred Darville, Steve Porter, John Herr, Ray Wittmier and coxswain Ken Yorozu.

During that third season of existence ten years ago, the Cougs celebrated their first victory, ever.

Seattle Times sports writer Dick Rockne featured the first wins in a column May 2, 1974, headlined "Train

ride on Cloud 9."

The Cougs were just home from a train trip to Madison, Wisconsin where the crew brought back the first two victories ever recorded by WSU oarsmen.

The wins came in the lightweight eight and lightweight four while the frosh and varsity eights each tallied close second place finishes at the Midwest Rowing Championships.

First year coach Ken Struckmeyer, reported the Cougar Crew was on "Cloud 9 all the way" during the 36-hour train trip from Madison to Pullman. Noted as the cheapest way to travel, the train ride cost \$111 for each of the 33 crew members making the journey.

Those Midwest Rowing Championship wins were the first of many for the Cougs that year.

In their first home race, versus Pacific Lutheran and the University of Puget Sound the Cougar Crew tallied wins in the heavy and lightweight eights races.

Later in the season, a true landmark occasion for WSU crews — the first ever victory over a University of Washington crew.

The lightweight varsity took the only victory in a dual regatta with the Huskies on the Snake River that year with a winning time of 8:50 for the 2,000 meter course in what was billed in the *Evergreen* as a "slower than usual" regatta.

Several newspaper articles of the era note that the Cougs were occasionally greeted with some criticism, but in true Cougar fashion, handled the teasing well according to the *Evergreen*.

"WSU crew team members accept the fact that they are the object of an occasional joke. Perhaps it instills in them a vengeful attitude and the summon for additional adrenalin to swiftly glide over the water to victory beyond."

Cougar Rowing Association
121 N. Ball
Sedro-Woolley, WA 98284



Dues time!!

With Class Day also comes the annual request for dues.

All Cougar Crew alumni are asked to send \$20 for 1984 dues to keep the "Pull Hard" along with other Cougar Rowing Association mailings and activities going.

Checks for dues should be sent to CRA Treasurer John Delong, 4313 S. 289th Pl., Auburn, WA, 98002 or can be hand delivered to CRA officers at Class Day in Pullman. The deadline to send in your dues will be April 15.

Also, if your address is changed or you have some noteworthy event to pass along, please send that information to Kari Rantten, 121 N. Ball, Sedro-Woolley, WA, 98284 or call (206) 856-4976, evenings.

Name _____

Address _____

City/State/Zip _____

Phone _____

Ideas and/or comments _____

CRA fund raising now underway

PULLMAN — More fund raising plans are underway in the continuing effort to keep the Cougar Crew and the Cougar Rowing Association financially afloat.

Alumni should have received in their mail boxes recently a fund raising letter from Doug Engle, a member of the CRA Board of Directors. The direct pitch to alumni every year at this time, is our kick off to annual fund raising efforts. The direct approach brought in more than \$1,200 last year, and hopes are the effort will bring in even more this time around.

As a reminder, any donations to the tax deductible WSU Foundation, earmarked for the endowment fund, women's coaching, men's coaching, women's development or men's development, or a contribution to the CRA should be sent to CRA Treasurer John Delong, 4313 S. 289th Pl., Auburn, WA, 98002.

The CRA will serve as sponsor, in name only, for a "Casino Night" in Pullman, March 24 at the Hong Kong Restaurant. Cougar Crew members will work at the "Casino Night," organized by Financial Advisor Ken Abbey.

Also along the lines of fund raising, the Women's Crew held a unique event at the Northtown Mall in Spokane during the last weekend of February. The women held an "Ergathon" at the mall, rowing ergometers in one hour shifts from 9 a.m. to 5 p.m. In addition to gaining the attention of lots of shoppers and a spot on KREM-TV, the team raised some \$800 in the effort.

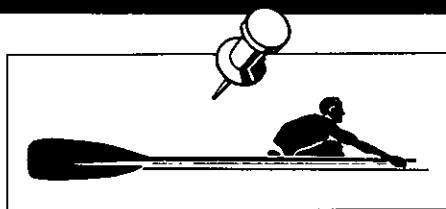
Rowing Association News

Alumni Notes

• Andy Moore is now a resident of the "west" side of the state. Andy took the direct route from Royal City to a job in the Kent Valley working for Curtis Archives and is living in Burien.

• "Ergomania" struck Seattle Jan. 28 when the "Big Foot Sprints" were held at Lakeside School. Also known as the Northwest Indoor Rowing Championships, some Cougar Crew alumni fared well in the five mile for time competition on a Concept II (Dreissigacker) Ergometer. Paul Enquist placed second in the Open Men's division with a 7:57, just one second behind Pat Walters of the Canadian National Sculling Team. Third place went to Paul Hensel with a time of 8:15 and in a fifth place tie was Mike McQuaid in a time of 8:31. In the Open Women's division, first place was awarded to Kristi Norelius who's time of 9:01 was an awesome six seconds faster than her nearest competition. Cyndi Dowers achieved first place in the Master Women's division with a time of 10:47, four seconds ahead of the second place finisher. Nice job!

• More on Paul Enquist as he makes his bid for the 1984 Olympic team. Enquist, who's face you may have seen on the Saturday, Jan. 21 edition of the Seattle Times sports page, also gained attention in a feature story in the January, 1984 edition of the WSU Hilltopics. Enquist is now paired with doubles partner John Bigelow, who placed third in the world in 1981 and 1982 in singles. Enquist plans to



head east for Harvard in April to continue training and is quoted as saying he thinks his chances are "pretty good" for a position on the Olympic team.

• Another Cougar Crew alumni with Olympic aspirations is Kristi Norelius who has become a regular on Seattle television sports reports. One of two training camps for the women's Olympic team will be held in Seattle and trials are slated to begin May 15. Kristi says she plans to retire after the Olympics and will attend Class Day 1985 for sure.

• Dawn Maguire will be assisting women's crew coaches Bob Ernst and Jan Harville. Ernst, University of Washington women's crew coach, is head coach of the U.S. women's Olympic team.

• Fred Darvill writes from Kodiak, Alaska no less where he is stationed with the U.S. Coast Guard. He says he hopes to make it to a Class Day with his single one of these years, but is a little too far away for this year.

• Anita Von Oppenfeld and Steve Wells are the proud parents of a baby boy, Alex Edward, born Friday, Jan. 20, 1984 at Virginia Mason Hospital in Seattle.

AD seeks alumni opinions

PULLMAN — One more reminder to Cougar Crew alumni and friends to express their opinions on possible future inclusion of the crew in the Athletic Department to the new Athletic Director Dick Young.

Young has expressed an interest in the crew programs becoming part of the department and is seeking more information on the concerns, ideas and opinions of alumni.

Alums should address their comments to Dick Young, Bohler Gym 102, Pullman, WA, 99163-1610.

