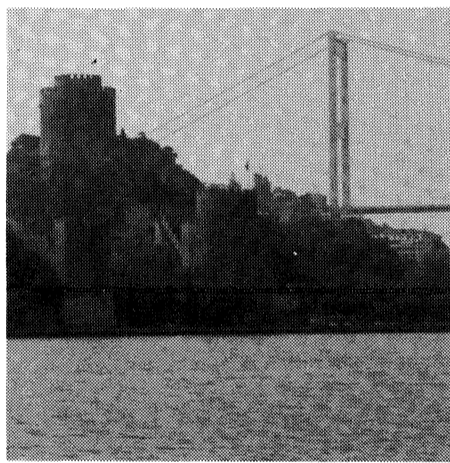


## Anatolian Adventure



Tom Eldridge ('91) sat on a bench in Istanbul, near the shores of the Bosphorus Strait, a famous stretch of water that flows from the Black Sea to the Sea of Marmara. We were waiting for a few more people to show up so that we could

practice. A huge Russian oil tanker moved upstream towards the Black Sea. We watched it ease through the strong current, trailing a wake that hid small



A view from the calm waters of the Bosphorus.

### sol·i·dar·i·ty (säl'ə dar'ə tē)

*n., pl.* A union of interests, purposes, or sympathies among members of a group; fellowship of responsibilities and interests: "The savage depends upon the group. . . for practical cooperation and mental solidarity" (Bronislaw Malinowski).

We're not quite sure we know what "mental solidarity" is, but we suspect that in the late 20th century, it's not nearly enough. That's why we're building the Endowment Fund for Rowing at Washington State—to help bring our curious collective fantasy (open-water victories in the Montlake Cut?) to eventual reality. You can bring that reality one stroke closer with a contribution to the Endowment Fund. ▲



Innocents abroad.

fishing boats from view.

"I can see it now," said Tom, with a smile on his face, "in a couple years, when a novice sees a Snake River barge for the first time, and wonders aloud where the shells go to hide as the barge wake crashes toward the crew, someone from our trip will say, with a dignified air of authority: "Ah. . .this is nothing compared with the Bosphorus in '88."

It was a grand trip, the likes of which I had never experienced. Thirty past and present crew members and coaches travelled to Istanbul, Turkey. Our purpose was to row in the Bogazici (bo-oz-i-chi) University Sports Festival in the first week of June.

We travelled there as the first, and only, U.S. representatives to the festival. We had visions of racing in an international event with countries throughout Europe. Although there were many countries participating in other sports, we

learned that we would be rowing against a Turkish team only. After this initial disappointment, the rest of the trip outlived everyone's highest expectations.

We were treated incredibly well throughout our stay in Turkey. It began with our arrival at the airport. There, we were met by our three hosts. Recep Akici (the person from Turkey responsible for our trip) was also at the airport to meet us. We became very good friends with our hosts and they accompanied us just about everywhere during our eight day stay.

We lived on the university campus and toured much of the city. We tasted authentic Turkish food and some of us partied at authentic Turkish parties, some thrown especially for us.

Every day we practiced on the Bosphorus Strait. I felt as though I were rowing through history. If I looked out

*Continued to insert*

## Summer regattas getting better

The first annual Seafair Regatta went off well on south Lake Union on Saturday, July 23rd. Designed in part to showcase the new development of the waterfront, the regatta was the opening salvo in a week of Seafair activity. The restaurants and shops clustered along the shore are fronted with boardwalks and yacht landings, trim lawns, a fountain or two, decks for outdoor dining, and even (ooh la la!) piped-out music which emerges mysteriously from the shrubbery. A small lawn and boat-ramp served as staging area. Just west of the new development, the Center for Wooden Boats provided an irresistible attraction for lovers of hand-built small craft. Although the racing was hindered by chop and only covered 1300 meters, it was well-run and pleasant for everyone involved. Much-deserved credit goes to Regional Director Sara Lopez whose good-humored administrative chutzpah seems to be tireless.

The Summer Rowing Extravaganza at Greenlake enjoyed sunshine, smooth waters and good attendance, with over thirty organizations represented. Also known as the chocolate chip cookie regatta, this race has the unusual distinction of distributing five-pound boxes of excellent jumbo-size cookies to athletes for inter-race carbo loading. Cougs in the Seattle Rowing Club took home blue



ribbons from the men's and women's open 8 events. Despite lack of stake boats or bouyed lanes, the races were on schedule from 8:00 a.m. til 5:00 p.m. on ten minute intervals.

John Holtman took first in the single at the Master's Regional Championships, July 23 and 24 in Klamath Falls, OR. Said he: "The competition wasn't exactly world class—but it was a great pot-race." ["Pot race" is a Philadelphia term for small, remote regattas to which semi-pro rowers occasionally resort for the pleasure of a road trip and easy "hardware." It is uncertain whether the phrase refers to the low quality metals used for athletic awards, or to a bygone era when trophies were the norm. —ed.]

## Commentary from the Captain

The season as a whole was one of disappointment, because every time we turned around, something went wrong with the heavies. I think we only had three races all season long where the boat that raced had practiced together more than twice. Illnesses, injuries, funerals, knees, academics. . .those were a few of the things that beset the heavies.

The lightweights had a real good season and got down to the Pac-10s, and were leading after 500 meters, and just didn't flow very well after that. The light JV won again and it took the officials 15 minutes to decide the race, it was so close—they won by half a bow ball over Cal by picking up a length in the last 200 meters.

Gonzaga's heavies beat our heavies twice, so now it will be interesting to see how we respond to that. It's nice to have it out of the way in some regards, because it was sure to happen sooner or later, and now it hopefully won't happen again for a while. I'm glad it's out of the way. I wasn't expecting it, but now I'm glad it's gone.

The trip to Turkey was my best international experience. It was a real highlight for me, and I think for everybody. The women won easily, which we expected, and the men, we kept thinking, were going to be set up, and on race day we found out that we actually did get set up, with six members of the Turkish national team in the boat we raced against, including the stern four and coxwain.

It was a real pleasure to travel with the kids and watch their reactions to being the first American university sports team to be invited to this international sports festival. The people there were very hospitable to us, and we've extended an invitation to them to come row with us at the Tri-Cities regatta, but we haven't heard from them yet.

We also finished first and second in the 3000 meter run, fourth in the shot put, second in the medley relay (swimming and running). We found out when we got over there that we could enter other events as well, and so we did. We should have entered volleyball and basketball, but the schedule for those was already closed.

The new frosh men's coach will be Brad McFadden, who has rowed lightweight the last two years. Julie Gardner will be coaching the women's novices. She's been Tammy Boggs' assistant at the UW for the past year, and she going to be excellent—really a good person. Jess O'Dell is going to continue coaching the women's varsity.

I was working on new student orientation advising this summer and I talked to a lot of freshman who knew there was rowing here, and were thinking about rowing. This is the first time I can recall that I didn't have to explain that there was a program, and what exactly rowing is. There seems to be a lot of knowledge about the program here and a lot of interest in it. In addition, we had a frosh eight and two novice eights last year, which should give us a good returning base. ▲

Full SS

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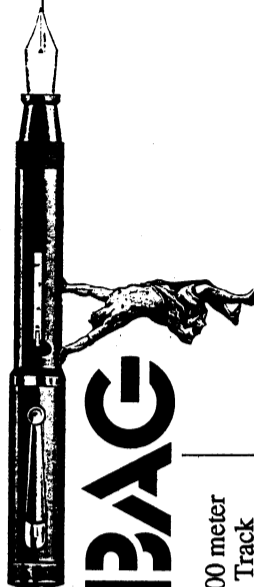
### An Open Letter to the Class of '79

*As most of you remember, I'm not a person of very many words (except in the boat), so I will keep this brief and to the point. After reviewing the Spring '88 edition of the Pull Hard, I noticed that our class had the largest number of endowment contributors; however, our dollars contributed were less than the '81 graduating class, which had only seven contributors. Additionally, there were only eight of us who contributed in 1987, and I believe there were nine of us in the '79 class day boat.*

*As your former coxswain, I challenge each of you to contribute in 1988 to the CRF Endowment Fund. As a final thought: remember that we won Class Day two years in a row despite drawing the Titanic both those years. Let's win again by having the largest number of contributors and dollars.*

*Hope to see ya all at class day in '89.*

"Shack" (Al Fisher)



# MAIL-BAG

## Nuptials and newborns

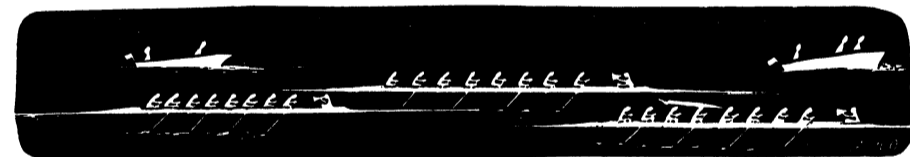
**Getting married:** Steve Vassey (86) and Charlene Brooks were wedded August 6th, as were Carleen Anders (85) and Gene Dowers (78). Lori Haugen (86) and Doug Wordell (87) were wedded August 13th. Dave Nadelson (86) and Traci Crush (86) will marry on September 14th, as will Tammy Boggs (84) and Roger Crawford (87) on March 11th, and Mike Pabisz (81) and Aida Luz (Lucy) Rivera in April.

**Having babies:** Leslie (Higson) Dougherty (82) and her husband Mike had a son, Brendan, in July. Robb Obom (80) and wife Jeana are expecting their third in February. Kevin Davis (81) and wife Rene are expecting in November.

Tim Malkow (79) ran the 400 meter event in the Master's Regional Track championships in Portland in July and placed third. He is negotiating to buy a house in Renton, but has been delayed by recent Federal Reserve Board meddling with the discount rate.

Kevin and Rene Davis write from Klickitat, WA, where Kevin teaches Industrial Arts and coaches varsity basketball and baseball. They expect an important addition in November.

Robb Obom (80) writes to say he's about as far from WSU as the USMC can send him. He and wife Jeana completed OCS in 1984, and have been on the move ever since. Robb has his helicopter "wings" as of 1986, and has completed a tour of duty in the Mediterranean, which he says was "Sometimes very fun, but usually very boring." I envy the current Cougar Crew and wish them success in their endeavors and shirts after every race.



## USRA Regional meeting

The fall meeting of the Northwest Region of the USRA will be held Sunday, October 15th at a location to be announced. Agenda items include: 1989 Regional Championships, Bid for the Junior Women's selection camp, Update on plans and sponsorship for a Regional Race Course and Training Center. For more information, contact Regional Director Sara Lopez at: 3203 E. Madison St., Seattle, 98112, phone: 324-0221. ▲

## Coug Pair Rows 500 (ouch!) miles

Gene Dowers (78) and Carleen Anders (85) rowed a straight pair this summer from Kaneta, B.C., just north of the border, down the Columbia to the Tri-Cities, then north on the Snake to the WSU boathouse. They spent nights at parks along the riverbanks, and were aided by Andrea Anders who drove the sag-wagon. In addition to having an excellent month of rowing, (probably consuming a great deal of sunblock) they raised over \$1,500 for the Lupus Society and the Heart Fund, and got married when the expedition concluded. Wow.▲

## Frostbite and Head of the Lake

Seattle's double-whammy fall regattas are coming soon—Saturday, November 12 for the Frostbite, and Sunday the 13th for Head of the Lake. Frostbite entries are due October 14th. Contact Patty Bulger at FROSTBITE REGATTA, Greenlake Small Craft Center, 5900 West Greenlake Way North, Seattle, 98103, phone: 684-4074. ▲

## New directions for CRF board

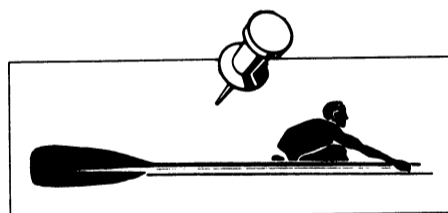
The CRF board of directors met in late July to discuss ideas for making CRF's mission clearer, and its functioning smoother. A set of recommendations was arrived at, and will be reviewed for approval by the general membership at the next quarterly meeting. Three topics explored in detail are summarized below.

First, the Board recommended adopting some common organizational techniques to make quarterly meetings more productive and enjoyable. Included among these: mailed announcements with agendas, appointment of a facilitator, deciding meeting places well ahead of time, and creating a CRF directory.

Second, the Board decided to recommend focusing its own activity on planning and oversight, freeing officers and membership to handle day-to-day CRF work. Doing so would require separate Board meetings which deal primarily with planning issues. Each Board member will be responsible for oversight of one activity area, and will create the calendar and budget for that area.

The third item of discussion was recruitment. In order to improve on the present level of productivity, the CRF needs more active members. Letting people know when activities are occurring, and what sort of contributions they can make are essential.

Crucial areas include *Pull Hard* and the Endowment Drive. These and other items will be topics for discussion at the next quarterly meeting. Everyone is welcome. Contact president Jim Rudd at (206) 874-5852. ▲



## Board of Directors:

John Lafer 1986-1989  
Rich Ray 1987-1990  
Sara Bolson 1988-1991

## 1988 Officers:

Jim Rudd president  
Brett Purtzer vice president  
Roger Crawford secretary  
Doug Engle treasurer

## Pull Hard:

Rich Ray editor  
Kathleen Randall graphics  
Kari Ranten contributing editor  
Craig Illman mailing list

Copy Deadlines: 10/13/88, 1/14/89, 5/1/89, 8/1/89

Publication Dates: 11/13/88, 2/14/89, 6/1/89, 9/1/89

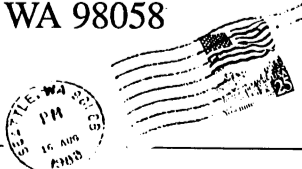
## Quarterly Meeting

The next CRF Quarterly meeting will be Sunday, September 11, at 7:00 p.m., at Jim and Diane Rudd's home in Federal Way. Items on the agenda: long-range planning and recruitment. All interested alumni are urged to attend. Contact Jim Rudd at 874-5852 for directions or information. ▲

## We've moved!

The CRF has a new mailing address. Remember, the return address on the outside of the Pull Hard is for our bulk mail permit only. Send all editorial comment and material, as well as contributions to:

Cougar Rowing Foundation  
P.O. Box 59074  
Renton, WA 98058



# Anatolian Adventure

*Continued from page 1*

one side of the boat (while we weren't rowing, of course), I could see a 2,000 year old castle. On the other side, a mosque of unknown age, complete with minarets. Above the boat, the fifth largest suspension bridge in the world—a modern-day wonder conveying hundreds of thousands of people each day from Asian Turkey to European Turkey and vice-versa. The Bosphorus Strait, among many other claims to fame, is part of the boundary between Asia and Europe. It is possible, and some of us did this, to literally row from Asia to Europe. How can I explain the atmosphere of a place that has mosques ten times older than our country, standing right next to an apartment complex only twenty years old that rivals any slum building in our beautiful cities? It is hard to concentrate on rowing in such an historical setting.

During each practice we fought against strong currents as we dodged in and out of heavy traffic running in size from launches and rowboats smaller than our shells, to ~~supertankers larger than I~~

ever imagined a vessel could be. Wakes were unpredictable and large.

On the day of our race we moved to an area with much less traffic; the Golden Horn, so named for centuries of prosperous fishing trade. The water in this secluded bay was calm, but extremely polluted. Bubbles rose from unknown depths and surfaced constantly. The smell, worse in some areas than others, burned my nostrils and throat. The WSU crews launched first, and although the Turkish boat soon followed, I wondered whether they hadn't gained some advantage by staying off the water as long as possible.

I was surprised to see a crowd gathered to watch. I never expected to generate so much attention. A small grandstand stood at the finish area, and there were numerous policemen for crowd control, which amounted to chasing away hordes of kids who wanted to push the slides back and forth and otherwise "damage" the shells and other equipment. Our group really liked the

children, some of whom have returned with us in our photographs. But they were constantly yelled at and told to move away by anyone who looked official.

The actual race wasn't much of a race. The women won easily and the men lost. Afterwards, the head of the Turkish Rowing Federation presented us with medals. First, second and third place medals were awarded. Gold and silver went to our women's fours and silver and bronze to our men's eights. Our pictures were taken, and any way I look back on it, I think the day was a huge success.

The day following the race, some of us went out in a mixed eight. The crew consisted of three Turkish guys, two American guys, and four American gals. Once again we rowed on the busy Bosphorus. We learned that in Turkish, port is called sargeant and starboard is called soldier. We also learned that a Turkish stroke can row with an American coxwain without too much trouble, as long as the stroke can speak a little english. The weather was beautiful, and that short row stands out in my mind as one of the best moments in a fun-filled trip—wakes and all.

At the Istanbul airport we said goodbye to our hosts and friends. Some of us may never row again. Others look forward to returning to the Snake next fall, each of us with memories to last a lifetime. But the ones who return to the Snake can look forward to quoting Tom Eldridge: "this is nothing compared to the Bosphorus in '88." Whoever repeats that statement will definitely be right. ▲

— Jess O'Dell

## Invitation to potential couch potatoes

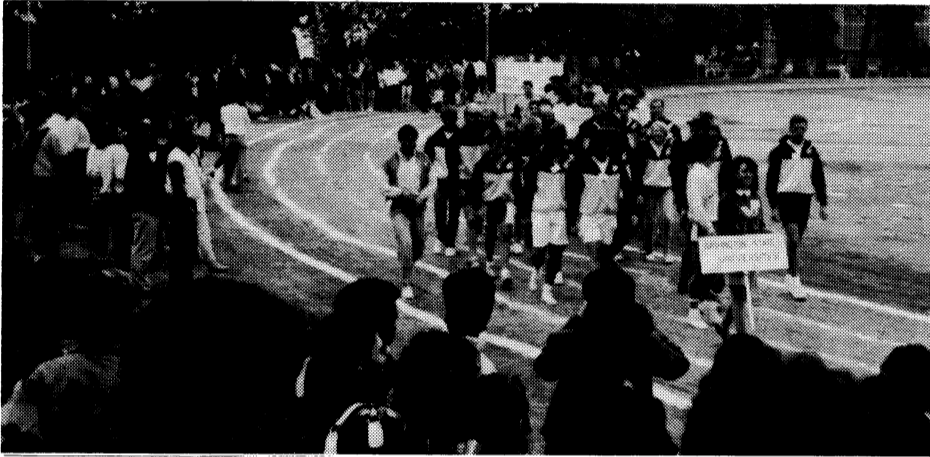
So you've spent your entire college career perfecting your rowing technique. Now what do you do with it? You can sit in front of the TV and relive your past rowing accomplishments while you watch reruns of Gilligan's Island, or you can put those skills to work.

If you live in the Seattle area, give Mt. Baker a try. The Mt. Baker rowing and sailing center is located in the hydroplane pits north of Seward Park on south Lake Washington, and has a very active Masters rowing program. You won't be the only Cougar present.

Our early morning competitive group is being coached by John Holtman. Murray Etherington is rowing with our evening group, and Eve Boe, Kathleen Randall and Rich Ray can be caught sculling on the weekends. Chuck Purnell (men's novice coach last year) is coaching the Boeing Rowing crew that practices out of the Mt. Baker shellhouse.

If you are interested in rowing again, give us a call at 386-1913, and ask for Tim or Carol. If you don't live in the Seattle area, we can probably tell you of a club nearby. ▲

—Tim Malkow (79) [Tim stroked the light eight as a varsity oarsman and is now director of the Seattle Parks and Recreation facility at Mt. Baker.]



*Cougars marching in opening ceremonies, Istanbul.*

Penny for your thoughts...



## Cougs in Pink and Black

A number of Cougar Crew alumni have donned the pink and black of the Seattle Rowing Club, trading afternoons on the Snake for mornings in the shadow of Husky Stadium. Paul Hensel, Randy Bell and Eric-George Weseman have rowed with SRC for over a year. They have been joined by a spate of Cougs over the course of the summer. Brenda Frederick, Mike McQuaid, Scott Nowak, Rob MacDougal, Ernie Isenminger and John Amundson are all making the five a.m. workouts.

SRC practices out of the Seattle Pacific University shellhouse and rows on Lake Washington. The club focuses on sweep rowing and races all year round.

This summer's races were capped off by a strong showing at Green Lake's Summer Extravaganza. Cougs led the men's and women's eights to convincing wins and picked up more ribbons in fours and pairs. Stroke McQuaid, Hensel and Weseman paced the SRC men to an open water victory over Station L (Portland), OSU and LWRC.

The women, coached by Hensel, with Brenda Frederick at seven, pulled through the SYC boat and a UW shell in the last twenty strokes to finish first.

In September, the club begins serious training in preparation for the Head of the Charles. WSU should be well represented in the Boston boatings. The Cougs at SRC are all from the last three graduating classes, so SRC should be well represented at Class Day as well. ▲

—Eric-George Weseman (87)

In order to better serve the crew and the alumni, we've decided to do some election-year polling of our own. Please take a few minutes of your time to answer the following questions about CRF, the *Pull Hard* and the Endowment Drive by circling the the appropriate letter.

- |  | AGREE STRONGLY | AGREE SOMEWHAT | DON'T KNOW | DISAGREE SOMEWHAT | DISAGREE STRONGLY |
|--|----------------|----------------|------------|-------------------|-------------------|
| 1. I have been involved with WSU crew: (circle the appropriate letter, or number at right)   |                |                |            |                   |                   |
| a. Less than 5 years.  |                |                |            |                   |                   |
| b. 5-10 years.   |                |                |            |                   |                   |
| c. More than 10 years.   |                |                |            |                   |                   |
| 2. I pulled:   |                |                |            |                   |                   |
| a. Starboard.  |                |                |            |                   |                   |
| b. Port.   |                |                |            |                   |                   |
| c. Both sides.   |                |                |            |                   |                   |
| d. Tiller lines.   |                |                |            |                   |                   |
| 3. I participated through:   |                |                |            |                   |                   |
| a. Women's crew.   |                |                |            |                   |                   |
| b. Men's crew.   |                |                |            |                   |                   |
| c. My daughter.  |                |                |            |                   |                   |
| d. My son.   |                |                |            |                   |                   |
| e. Other.  |                |                |            |                   |                   |
| 4. I receive the <i>Pull Hard</i> regularly.   |                |                |            |                   |                   |
| a. Yes   |                |                |            |                   |                   |
| b. No  |                |                |            |                   |                   |
| 5. I enjoy reading the <i>Pull Hard</i> .....  | 1              | 2              | 3          | 4                 | 5                 |
| 6. The <i>Pull Hard</i> keeps me in touch with what is happening in Pullman.....   | 1              | 2              | 3          | 4                 | 5                 |
| 7. The <i>Pull Hard</i> should include more racing-season material.....  | 1              | 2              | 3          | 4                 | 5                 |
| 8. The <i>Pull Hard</i> should include WSU race results with finish times.....   | 1              | 2              | 3          | 4                 | 5                 |
| 9. I would like more feature-length material about the current club.....   | 1              | 2              | 3          | 4                 | 5                 |
| 10. I would like more "where are they now?" stories.....   | 1              | 2              | 3          | 4                 | 5                 |
| 11. I would like more "remember when?" stories.....  | 1              | 2              | 3          | 4                 | 5                 |
| 12. I think the present format and editorial tone are suitably funky and cool (I like them) ..   | 1              | 2              | 3          | 4                 | 5                 |
| 13. I think the present format and tone are pretentious and elitist, and would like to see something more folksy (I don't really like them)..... | 1              | 2              | 3          | 4                 | 5                 |
| 14. I think the CRF is doing a reasonably good job, overall.....   | 1              | 2              | 3          | 4                 | 5                 |
| 15. I would like to see more CRF social activities (summer barbeques, raceday rallies, etc)...   | 1              | 2              | 3          | 4                 | 5                 |
| 16. I would like to see the CRF put some effort into making Class Day a truly outstanding occasion.....  | 1              | 2              | 3          | 4                 | 5                 |
| 17. I'm not really sure what the CRF is or what it does, if anything.....  | 1              | 2              | 3          | 4                 | 5                 |
| 18. The Endowment Fund is best way to invest my designated Cougar Crew dollars.....  | 1              | 2              | 3          | 4                 | 5                 |
| 19. Two direct-mail appeals annually, with progress reports in the <i>Pull Hard</i> is adequate without being a nuisance.....                    | 1              | 2              | 3          | 4                 | 5                 |
| 20. I would like to see an annual Endowment Report, detailing how much came in, how much interest accrued, and how much was spent on what.....   | 1              | 2              | 3          | 4                 | 5                 |

Feel free to write additional comments on a separate sheet.  
 Please help us by filling this out now, while it's fresh in your mind, and mailing it immediately to:  
 CRF Membership Survey, P.O. Box 59074, Renton, WA 98058