PULLHARD



Spring 2017 Published by: Raquel Guerra-Lewis

Moving Forward

Coach Arthur Ericsson has been at the helm of Cougar Crew for the last 13 years dedicating countless hours to the various needs of the team. It is hard to envision Cougar Crew without Coach Arthur, but when the season ended at Nationals in Georgia, we had to say farewell. After much consideration, he has decided to tackle a new challenge and return to his old rowing club in Sacramento where he has accepted the positions of Executive Director and Head Junior's Coach.

The Head Coach Position listing was posted, and we are ready to announce our new head coach. Arthur left behind a team



Coach Arthur speaking at the '14 Commodore Meeting

with a sound budget, enviable equipment, and strong support from current and past rowers' families, alumni, and University Recreation. Though no coach will be able to truly replace Arthur, Peter Brevick will certainly be able to capitalize on the successes he has created to continue to grow Cougar Crew and take it to the next level.

On behalf of the Cougar Crew Alumni Association, we wish Arthur all the best in his next endeavor!

-Alyssa Kodma

2017社区和运动庆祝活动。 WINDERMERE CUP CHINA + WASHINGTON

Windermere was an amazing event for V8 to participate in. Invited by the Huskies we competed in their 3rd Varsity event alongside UW 3V, UW 1F, UCLA JV, and Oregon. This was my first time attending the Windermere cup but I had raced on the cut before. This time it was much different, the entire course leading up to the cut was lined with boats of locals who came to watch the regatta. While coming up to the start line I could hear all the



Boat Parade" coming back down the cut

people shouting and cheering on the boats from the race that was underway. For the race, we were in lane 4 with UW's 1F on our starboard side and UCLA on our portside. We got a jump on UCLA in the start and held it, they were never too far behind but each time they tried to make a move we responded and shut them down pulling away further after the 1k mark and beat UCLA's JV. After our race, we waited with the accumulation of all the boats that had raced that day for the final event, UW and China. UW won and when they crossed the line, all the teams returned to the dock in a "Boat Parade". The day ended with a ceremony for the seniors who missed their graduation ceremony to compete; Au-

gust, Matt, and Mcginnis. Congratulations guys!

-Ramiro Gonzalez

WIRA

WIRAs is one of the biggest regattas on the West Coast. This spring we brought eight shells to race in Sacramento. I had the honor of hot-seating in the Men's V8 and V4. It was a very fun experience and gave me several chances to compete

throughout the weekend. Both boats brought so much energy, drive, and passion every time we were on the race course. It was also great to watch the Novice compete for the first time at a regatta of this scope and scale. I feel that everyone on the team raced their hearts out in California. This race also helped us get some experience seeing how we compare to the fastest clubs in the nation be-

fore going into post se



V8 coxed by Ridge Peterson



V4 also coxed by Ridge Peterson

-Ridge Peterson

After dealing with the spring weather which made it difficult to row, the woman's club team headed to WIRA with hopes of putting down quality strokes and seeing what needed to be working on as the season moved forward. The team's first boat to race that weekend was the women's novice 8+ and due to fast conditions they were able to put down a time of 7:16.6 but placed 7th in the heat which put them in the 3rd Final. The novice 8+ raced later that afternoon and were part of a 2 boat final with Chico State.



Women's Novice 8 off the starting line

However, they were unable to find the same speed as in the morning and ended up finishing behind Chico State. Sunday morning meant it was time for the varsity double to race. The crew had a straight final due to their being only seven entries. With limited practice time and this being the doubles first race, the crew had no expectations but were hoping to have a quality race and a benchmark to build off of. After it was all said and done, the crew took fifth place which was not as good as they had hoped for but they knew that this race was a learning experience and knew what they would need to work on before nationals.

-Katie Fowler

For the further development of its athletes, and to bring well-rounded rowers both in skill and technique, Cougar Crew is looking to expand its fleet with more single sculls. If you have a single that you would like to donate we would process the gift as a Gift-in-Kind donation. The donor will need to supply a letter or email stating that they are donating the equipment to WSU. Also, an estimated value would need to be provided in the letter. The WSU Foundation will give credit for the value of the item within the WSU system (add to a person's annual and lifetime giving totals).

-Devon McCornack 2017 Commodore

Pac-12



JV8 coming first across the finish line on day 1

Racing in the Pac-12 regatta was a great experience. It comes right after our school year ends, so we have one week dedicated to training before we compete. This year brought fresh competition because we moved some of the Novice up to the Varsity squad to compete with us for Pac-12s. Going into race day, the V8 woke up and started our day with a 5:00am jog then headed out on the water. Day one was to see which club teams would go through to race the next day with the Pac-12's. For the V8 the race didn't go as well as we hoped, but it showed us areas we needed to improve in before we went on to the National Championships in Georgia. The JV8 raced well day one and went on to the Pac-12s race where they placed 5th. Also, thank you to the parent boosters. They were amazing in providing us with food and support so that we could perform to the best of our abilities.

-Samuel Callan

PCRC & Davis

Due to the club women not being able to compete at Pac-12's on Sunday, the club women decided to compete at PCRC's on Saturday and then head over to Davis for a race with UC Davis, Colorado and Oregon. On Saturday, the club women sent out a novice 4+ and a varsity 4+. The novice women were in a four boat race with Stanford Lightweights, Colorado and Sacramento State and after being in contention for a medal through the 1000 meter mark, the stroke seat unfortunately caught a crab and they were unable to find the momentum they had before the crab. However, they were still able to put on a good showing for the team. The varsity 4+ was just looking to go out and put down a good time since there was limited practice prior to leaving Pullman but it showed in their timing as a crew which lead to a less than desirable outcome. Sunday was a new day and the club women headed to UC Davis to race a novice 8+ and after one substitution due to injury, the crew was able to still put down a reasonable time and stick with Colorado through most of the race until the very end. The biggest factor that the crew felt was working against them was them. They had been struggling with settling into the rate during practices but after this race, they had seen some improvement to where they had been struggling previously.

-Katie Fowler



ACRA

The club women were still able to walk away with some hardware for the team by sending a novice 4+ instead of the 8+ (due to injury) in addition to the double. On Saturday, the varsity double won their early morning heat with open water which put them straight through to grand finals on Sunday. Sunday morning started off with the double racing for medals and even after catching a crab off the start, they were able to take home a bronze medal which was the only medal Cougar Crew was able to walk away with for the entire weekend. Not long afterwards, the women's novice 4+ raced and ended up placing sixth but they



The club women launching on race day

were able to shave off a decent amount of time from their Saturday race which led to the crew being happy with how they were able to end their season.

-Katie Fowler



ACRA 2017 was my second national championship, and once again I was blown away by the generosity and support we received from the booster club. The team tent and the parental support far surpassed those of any other school, and we are very grateful for the amazing

Varsity coach Alec Hurly sending off the V8 on race day people that donated their time and money to make it happen! While the support from within was fierce, what was fiercer was the competition within the conference. It was awesome to see the levels of competitiveness shift from the west coast schools and to even have representation on the podium. Teams such as Oregon, Western, and of course UCSB showed explosive growth even in the last year that shocked the rest of the conference. While Cougar Crew did not perform quite to the level I know we are capable of, I am confident that we too are on the verge of reclaiming our spot as one of the rowing powerhouses of the west. We showed a lot of depth in the younger squad and the novice boats that competed well. With the building momentum of our strong underclassmen, and with new leadership at the helm, I can't wait to see Cougar Crew come out of the woodworks and take the title of: The Best in the West.

-Devon McCornack



V8 coming down the course on race day

Arthur Spotlight

I was approached by my former rowing club to be their executive director about a year ago and as this opportunity presented itself again to me last winter my family and I decided that we would embrace this change and give it a go. I rowed and coached for River City Rowing Club (and Cal Maritime Academy) over the course of ten years in West Sacramento before taking the WSU position. The rowing club was where almost all our friends came from and it was a lifestyle that was very inspiring. Although it's in a big city, which has its downsides with traffic, etc. the rowing way of life is still the same: a masters 8 training for the next race, friends getting together for coffee after an early row, a volunteer group working to fix the dock. The rowing club is the people who row, and they are a worthy place to invest your time and energy.

My 13 years at WSU were always very rewarding. Every year there were inevitable challenges to persevere through, but I always felt that support was available from alumni or the university. I am proud of how the team has developed over the course of my time there. The challenge to make a fast program was the most important one, and we had many highlights, but it proved difficult to keep it moving in only one direction. But every season we made the best of it that we could. Each rower that finished out the season earned my respect and for those who finished it through the end of their senior year I am most grateful and know that they have the true passion



Coach Arthur with the lightweight 4 at ACRA-2014



Coach Arthur having post-race meeting with the 4

for the sport and will have an inner strength with them for the rest of their lives.

I am glad that my new position asks that I still be a competitive coach. I look forward to being the head juniors coach and having a different age group to develop. I always felt that most high school rowers end up being burned out by the time they come to college. Perhaps I can help them view rowing as their life sport, keeping the balance. I've considered myself so lucky to have been able to coach here at WSU each year. Each rower and coxswain, male and female, have made a lasting impression on me which I will fondly remember.

I can see that everyone is trying to make the best of this transition with the effort to find the best coach possible. Maybe this can be a wakeup call for the team to appreciate what they can be. All the pieces are there but if the mindset isn't there we will always fall short. I want to thank all the parents, UREC staff, my assistant coaches, and the alumni new and old who were so good to work with. And I want to remind the officers that you voted to name that new four in my honor. I'd like to suggest Zen Master.

Go Cougs!

-Arthur Ericsson, Head Coach Cougar Crew 2004-2017

Introducing: 2017 Coaching Staff

To the athletes, alumni, friends, and family of the Cougar Crew; Greetings! My name is Peter Brevick, and I am thrilled to return to the Palouse as the Head Coach of the Cougar Crew.

I came to Pullman as a student in the fall of 2002 and walked onto the team that first week. Having raced bicycles competitively in high school, the hard work required by rowing was a natural fit and I greatly enjoyed my freshman year. Being fortunate to have joined the team when there was a small but solid core of athletes and officers I was able to be part of a four that went to the IRA that first year. That lit a fire in me that has only grown since. I was an officer and oarsman for the

next three years, and had the pleasure of finishing my rowing career as Commodore in 2006.

Having had that great experience as an athlete, I endeavored to share that by volunteer coaching with the WSU men in 2007-2008. I worked in other capacities stateside and overseas for three years, before returning as the WSU Men's Crew Novice coach for the 2011-2012 season. Knowing I needed to leave Pullman to get the experience, perspective, and knowledge I would need to continue growing as a coach, I arrived in Oklahoma City, Oklahoma in 2012 to work with the Oklahoma City Boathouse Foundation. An organization with over \$50 million in development in the past twelve years, it provided a level of excellence and exposure that I hoped for. My duties there have included being a boatman for over 100 racing shells, and coaching athletes from recreation to world level, including coaching the USA Men's Lightweight pair at the 2014 World Championships . The past three years I have worked primarily with the OKC Riversport junior team, serving the past two as the Varsity Boy's coach since 2015. Both years placing boats in the grand final at Youth Nationals; fourth in the Boy's Pair in 2016 and earning a silver medal in the Boy's Four this past season. I look forward to helping Cougar Crew transform the lives of WSU students through achieving excellence in the sport of rowing.

-Peter Brevick



I started coxing when I was 14, I was the smallest in my school year and my older brother had done it so it made sense to take it up! Within a year I was coxing the senior school crews and I was with the 1st VIII for two years (2010-11), winning numerous regattas and qualifying for Henley Royal Regatta both years. During my last year at school, I also joined Star Club with whom I finialled in the Thames Cup, HRR 2011 and won the Jackson Trophy at HORR 2012. Upon going to University of Birmingham to study a BA in Philosophy, Religion & Ethics, I coxed briefly in my freshman year competing at the British University Championships. By this point, my weight became a bit too difficult to keep down and so I had to take a step back from coxing.

Upon graduating from University, I took on the Senior Women's coaching role with Warwick University. We recorded 8 different wins at regattas and heads along with a Warwick University BC record of 43rd at Women's Head of the River. We subsequently were invited to China to compete against many prestigious rowing Universities both local and international. I left there to join Canford School where I am currently running the J15 boys age group. Along with coxing and coaching, I am an avid field hockey player having played for Birmingham University and my home town club, Bedford.

In coming to the US, I hope to learn as much as I can and bring success to Cougar Crew.

-Hugo Moon